



WELCOME



METHODS OF PSYCHOLOGY

IMPORTANT METHODS

- ❖ **Introspection**
- ❖ **Observation**
- ❖ **Experimentation**
- ❖ **Survey methods**
- ❖ **Clinical methods**
- ❖ **Case study**



Introspection

Introspection means examining the inner behaviour by oneself. It looking into one's own mind and recording what he finds there. In this method the individual is both the subject and the observer. It is self observation. This is the oldest method of educational psychology.

Observation

Observation literally means looking outside oneself. It is very important methods collecting data in almost all types of research studies. observation basically of two types-

- Natural observation
- Participant observation

Experimentation

Experimentation is the description and analysis of what will occur under carefully controlled conditions. The experimental method uses a systematic procedure called experimental design. Experimental design provides important guidelines to the researcher to carry out his research systematically.

Survey

A survey is a way of getting information about a specific type of behaviour, experience or events. when using this method, researchers give people questionnaires or interview them to obtain information.

Clinical Method

It is the method that deal with the behavioural problems of the individuals in order to facilitate their better social adjustment. It collects detailed information of and makes in-depth study on the behavioural problems of the individuals and diagnoses their specific problems and suggests remedial measures.

Case Study Method

Case study is a minute study of a particular individual case. It is the in-depth analysis of a person, group or phenomenon. This method is applied to study special behavioural problems of an individual by specially trained teachers, psychologists and psychiatrists. The main objective of this method is to help the individual adjust better with the environment and gain self confidence to attain higher levels of achievement.



THANKS